

THE CALVARY CAFÉ

SEPTEMBER 2018



CALVARY LUTHERAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School Happy Labor Day	4 Breakfast Muffin(WG) milk, fruit, juice Lunch Spaghetti w/meat sauce salad, garlic bread twist(WG) fruit, milk	5 Breakfast French toast sticks(WG) milk, fruit, juice Lunch Chicken Nuggets(WG) french fries, carrots fruit, milk	6 Breakfast Biscuits & Sausage Gravy milk, fruit, juice Lunch Chicken Fajita w/shredded cheese, soft tortilla peppers/onions, salsa, shredded lettuce fruit, milk	7 Breakfast Pancakes (WG) fruit, milk, juice Lunch Bosco cheese sticks(WG) marinara sauce, corn, green beans, fruit, milk
10 Breakfast Cereal milk, juice Lunch Mini Corn Dogs(WG) french fries, broccoli w/cheese sauce fruit, milk	11 Breakfast Muffin(WG) milk, fruit, juice Lunch Chicken Patty on Bun(WG) baked beans, corn fruit, milk	12 Breakfast French toast sticks(WG) milk ,fruit, juice Lunch Beef Nachos w/queso sauce carrots, salsa, tortilla chips fruit, milk	13 Breakfast Biscuits & Sausage Gravy milk, fruit, juice Lunch Sloppy Joe on Bun(WG) french fries, green beans fruit, milk	14 Breakfast Pancakes (WG) fruit, milk, fruit, juice Lunch Cheese Pizza(WG) salad, tomatoes, carrots fruit, milk
17 Breakfast Cereal(WG) milk, fruit, juice Lunch Chicken/Cheese Quesadilla salsa, carrots fruit, milk	18 Breakfast Muffin(WG) milk, fruit, juice Lunch Cheeseburger on Bun(WG) smiley fries, baked beans, fruit, milk	19 Breakfast French toast sticks(WG) milk ,fruit, juice Lunch Baked Potato w/diced chicken/ham broccoli, cheese Sauce fruit, milk	20 Breakfast Biscuits & sausage gravy milk, fruit, juice Lunch Brunch for Lunch Scrambled eggs, sausage, pancakes (WG) potato rounds, salsa fresh fruit, milk	21 Breakfast Pancakes (WG) fruit, milk, juice Lunch Bosco cheese sticks(WG) marinara sauce, corn, green beans, fruit, milk
24 Breakfast Cereal(WG) milk, fruit, juice Lunch Mac & Cheese green beans, carrots fruit, milk	25 Breakfast Muffin(WG) milk, fruit juice Lunch Mini Corn Dogs(WG) french fries, broccoli w/cheese sauce, fruit, milk	26 Breakfast French toast sticks(WG) milk, fruit, juice Lunch Pepperoni Pizza(WG) salad, corn, fruit, milk	27 Breakfast Biscuits & Sausage Gravy fruit, milk, juice Lunch Salisbury Steak w/brown gravy mashed potatoes, green beans, roll (WG) fruit, milk	28 Breakfast Pancakes (WG) fruit, milk, juice Lunch <i>Kindergarten Choice</i> Chicken Nuggets(WG) smiley fries, carrots strawberries, apple slices, milk, cookie
		NOTES: Daily Offerings: 100% Fruit Juice, 1% White Milk, Fat Free Chocolate Milk, Fruit and Vegetables Lunch options: Hot Lunch or PBJ Uncrustable * USDA is an equal opportunity provider and employer ** (WG) Whole		

Breakfast \$1.60
 Juice \$.40 (breakfast only)
 Lunch \$3.00
 Adult Lunch \$3.60
 Milk \$.50
 Extra Entree \$1.50

