

# THE CALVARY CAFÉ

## DECEMBER 2018



CALVARY LUTHERAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>Breakfast</b> Sausage Pancake on a stick, milk, juice <b>Lunch</b> Chicken Nuggets (WG) french fries, broccoli w/cheese sauce fruit, milk	4 <b>Breakfast</b> Cinnamon Roll (WG) milk, fruit, juice <b>Lunch</b> Spaghetti w/meat sauce garlic bread twist(WG) salad, fruit, milk	5 <b>Breakfast</b> French toast sticks(WG) milk fruit, juice <b>Lunch</b> Beef soft tacos w/queso sauce refried beans, peppers/onions, salsa, fruit, cookie, milk	6 <b>Breakfast</b> Biscuits & Sausage Gravy milk, fruit, juice <b>Lunch</b> Cheeseburger on Bun(WG) french fries, baked beans, fruit, milk	7 <b>Breakfast</b> Pancakes (WG) fruit, milk, juice <b>Lunch</b> Cheese Pizza(WG) salad, tomatoes, carrots fruit, milk
10 <b>Breakfast</b> Sausage Pancake on a stick, milk, juice <b>Lunch</b> Chili, crackers (WG) carrots, cucumbers, fruit, milk	11 <b>Breakfast</b> Muffin(WG) milk, fruit, juice <b>Lunch</b> Chicken Patty on Bun(WG) baked beans, green beans fruit, milk	12 <b>Breakfast</b> French toast sticks(WG) milk ,fruit juice <b>Lunch</b> Mac & Cheese pretzel (WG), corn carrots, cookie, fruit, milk	13 <b>Breakfast</b> Biscuits & Sausage Gravy milk, fruit, juice <b>Lunch</b> Brunch for Lunch Cheese Omelette, sausage, pancakes (WG) potato rounds, salsa fresh fruit ,milk	14 <b>Breakfast</b> Pancakes(WG) fruit, milk, fruit, juice <b>Lunch</b> 3rd Grade Choice Bosco cheese sticks(WG) marinara sauce, carrots, smiley fries, strawberries, applesauce, milk
17 <b>Breakfast</b> Sausage Pancake on a stick, milk, fruit, juice <b>Lunch</b> Sloppy Joe on Bun(WG) french fries, baked beans, fruit, milk	18 <b>Breakfast</b> Cinnamon Roll (WG) milk, fruit, juice <b>Lunch</b> Chicken/Cheese Quesadilla (WG) salsa, carrots, fruit, milk	19 <b>Breakfast</b> French toast sticks(WG) milk, fruit, juice <b>Lunch</b> Mini Corn Dogs(WG) corn, broccoli w/cheese sauce, fruit, cookie, milk	20 <b>Breakfast</b> Biscuits & Sausage Gravy milk, fruit, juice <b>Lunch</b> Turkey and Noodles* mashed potatoes, green beans, roll (WG) fruit, milk *egg noodles	21 <b>Breakfast</b> Pancakes (WG) fruit, milk, juice <b>Lunch</b> Pizza(WG) salad, tomatoes, corn fruit, milk
24 	25 	26 Christmas Break Enjoy!	27 	28 
31 				
NOTES: Daily Offerings: 100% Fruit Juice, 1% White Milk, Fat Free Chocolate Milk, Fruit and Vegetables ** (WG) Whole Grain  USDA is an equal opportunity provider and employer				

Breakfast \$1.60  
 Juice \$.40 (breakfast only)  
 Lunch \$3.00  
 Adult Lunch \$3.60  
 Milk \$.50  
 Extra Entree \$1.50

Breakfast Options: Hot or Cereal

