



THE CALVARY CAFÉ

January 2019



CALVARY LUTHERAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 	2	3 	4
7 Breakfast Sausage Pancake on a stick, milk, juice Lunch Spaghetti w/meat sauce, garlic bread twist(WG), green beans, fruit, milk	8 Breakfast Muffin(WG) milk, fruit, juice Lunch Beef or Chicken soft tacos w/queso sauce, refried beans, peppers/onions, salsa, fruit, milk	9 Breakfast French toast sticks(WG) milk, fruit, juice Lunch Mac & Cheese pretzel (WG), corn, carrots, cookie, fruit, milk	10 Breakfast Biscuits & Sausage Gravy, milk, fruit, juice Lunch Brunch for Lunch Scrambled eggs w/cheese&bacon, sausage, pancakes (WG), potato rounds, salsa, fresh fruit, milk	11 Breakfast Pancakes(WG) fruit, milk, fruit, juice Lunch Pizza(WG) salad, tomatoes, corn, fruit, milk
14 Breakfast Sausage Pancake on a stick, milk, fruit, juice Lunch Chicken Patty on Bun(WG), baked beans, broccoli w/cheese sauce, fruit, milk	15 Breakfast Cinnamon Roll (WG) milk, fruit, juice Lunch Chicken Fajita w/shredded cheese, soft tortilla, peppers/onions, salsa, refried beans, shredded lettuce, fruit, milk	16 Breakfast French toast sticks(WG) milk, fruit, juice Lunch Mini Corn Dogs(WG), corn, carrots, fruit, cookie, milk	17 Breakfast Biscuits & Sausage Gravy, milk, fruit, juice Lunch Salisbury Steak, mashed potatoes, green beans, roll (WG) fruit, milk	18 Breakfast Pancakes (WG) fruit, milk, juice Lunch Bosco cheese sticks(WG), marinara sauce, carrots, cucumbers, milk
21 No School Martin Lutheran King Jr.	22 Breakfast Muffin(WG) milk, fruit, juice Lunch Beef or Chicken soft tacos w/queso sauce, refried beans, peppers/onions, salsa, fruit, milk	23 Breakfast French toast sticks(WG) milk, fruit, juice Lunch Turkey and Noodles*, mashed potatoes, green beans, roll (WG) fruit, milk *egg noodles	24 Breakfast Biscuits & Sausage Gravy, milk, fruit, juice Lunch Chicken/Cheese Quesadilla (WG), salsa, carrots, fruit, milk	25 Breakfast Pancakes(WG) fruit, milk, fruit, juice Lunch Pizza(WG) salad, tomatoes, corn, fruit, milk
28 Breakfast Sausage Pancake on a stick, milk, juice Lunch NLSW Chicken Nuggets (WG), french fries, carrots, fruit, milk	29 Breakfast Cinnamon Roll (WG) milk, fruit, juice Lunch NLSW Mini Corn Dogs(WG), corn, broccoli w/cheese sauce, fruit, milk	30 Breakfast French toast sticks(WG) milk, fruit, juice Lunch NLSW Cheeseburger on Bun(WG), french fries, baked beans, cookie, fruit, milk	31 Breakfast ** Parents are invited Biscuits & Sausage Gravy, milk, fruit, juice Lunch NLSW Baked potato, ham/chicken, Pretzel with cheese sauce, fruit, milk	Breakfast Pancakes(WG) fruit, milk, fruit, juice Lunch NLSW Bosco cheese sticks(WG), marinara sauce, carrots, cucumbers, fruit, milk
<p>NOTES: Daily Offerings: 100% Fruit Juice, 1% White Milk, Fat Free Chocolate Milk, Fruit and Vegetables ** (WG) Whole Grain</p> <p>USDA is an equal opportunity provider and employer</p>				

Breakfast \$1.60
 Juice \$.40 (breakfast only)
 Lunch \$3.00
 Adult Lunch \$3.60
 Milk \$.50
 Extra Entree \$1.50

Breakfast Options: Hot or Cereal

