

How

All athletes will receive group and individual instruction in fundamentals, receive personal attention in areas of their weaknesses, learn drills that athletes can do on their own to improve, and participate in actual games and game-like situations. Films, filmstrips, brochures, and/or lectures are used in instruction, with the major emphasis placed on learning by doing. Our coaches spend the day encouraging, prodding, instructing, and helping; they don't just stand on the sidelines and draw X's and O's.

Cost (one week sessions)

<u>Boys/Girls Cross Country</u>	\$20 (grades 4 to 8)
<u>Boys/Girls Soccer Camp</u>	\$54 (grades 4 to 8)
<u>Boys/Girls Tennis Camp</u>	\$54 (grades 4 to 8)
<u>Girls Basketball Camp</u>	\$36 (grades 1 to 3); \$54 (grades 4 to 8)
<u>Boys Basketball Camp</u>	\$36 (grades 2 to 5); \$54 (grades 6 to 8)
<u>Boys/Girls Volleyball Camp</u>	\$36 (grades 1 to 3); \$40 (grades 4 to 5); \$54 (grades 6 to 8)

Cost of the camps is determined by the length of time spent on instruction during the week. Each athlete at each camp will receive a T-shirt. Enrollment is limited and will be accepted on a first-come basis. A \$10.00 deposit is required with the registration to reserve a spot, with the balance payable on the first day of the camp. (Please make checks payable to Lutheran High School.) Registration deadline is **May 9, 2014**. Registrations received after the deadline, may not be guaranteed a T-shirt. Mail or bring registration to:

Lutheran High School Sports Camps, 5555 S. Arlington Avenue, Indianapolis, IN 46237.

What To Bring

Volleyball and Basketball Camps--Good quality, clean gym shoes; knee pads (volleyball); two pairs of sweat socks; gym shorts; towel; and water bottle with your name on it.

Soccer Camp--Good quality soccer cleats and shin guards are required for everyday. Water will be available, but you can bring your own water bottle. Do not bring your own soccer ball (there is a good chance of it getting lost or mixed in with the High School's balls).

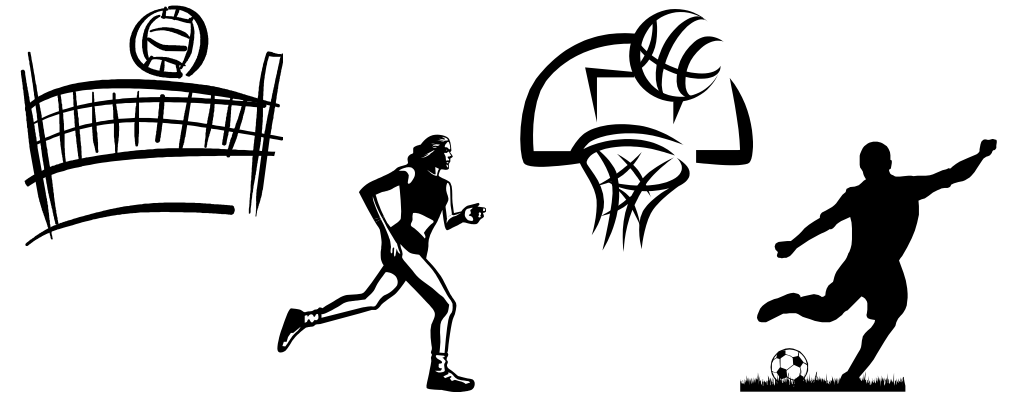
Cross Country Camp--Good quality running shoes; towel; water bottle w/name on it.

Upon receipt of your registration, you are officially registered unless you receive notification to the contrary. You will receive further information around **May 16th** regarding doors to enter, specific starting and ending times, etc.

If you have any questions regarding the Lutheran High Sports Camps or Lutheran High School in general, please feel free to call Mr. Finchum at 787-5474 x 122 during school hours, or by e-mail at tfinchum@lhsi.org.



LUTHERAN HIGH SCHOOL 2014 SUMMER SPORTS CAMPS



BOYS/GIRLS CROSS COUNTRY: June 3-5, 2014
4th – 8th grade

BOYS/GIRLS SOCCER: JUNE 2-6, 2014
4th – 8th grade

Boys/GIRLS VOLLEYBALL: JUNE 9-13, 2014
1st – 8th grade

BOYS BASKETBALL: JUNE 16-20, 2014
2nd – 8th grade

GIRLS BASKETBALL: JUNE 16-20, 2014
1st – 8th grade

BOYS/GIRLS TENNIS: JUNE 23-27, 2014
4th – 8th grade

Completed Grade 1st through 8th in 2013-2014 school year

LUTHERAN HIGH 2014 SPORTS CAMP REGISTRATION FORM

(please print or type all information)

Athlete's Name _____ Age _____

Address _____
(number & street)

(city) (zip code)

Home Phone Number _____ Grade in **2013-2014** school year _____

School _____ Church Affiliation _____

T-shirt size (adult) **S** __ **M** __ **L** __ **XL** __ Parent email _____

I WISH TO ATTEND:

- _____ Boys/Girls Cross Country Camp, **June 3-5**, (completed 4th – 8th) **4:30-6:00pm** \$20
- _____ Boys/Girls Soccer Camp, **June 2-6**, (completed 4th – 8th) **5:00-8:00pm** \$54
- _____ Boys/Girls Volleyball Camp, **June 9-13**, session 1 (completed 1st, 2nd, or 3rd) **8:00-10:00am** \$ 36
- _____ Boys/Girls Volleyball Camp, **June 9-13**, session 2 (completed 4th or 5th) **10:15am-12:30pm** \$40
- _____ Boys/Girls Volleyball Camp, **June 9-13**, session 3 (completed grades 6th – 8th) **1:00-4:00pm**.. \$54
- _____ Boys Basketball Camp, **June 16-20**, (completed 2nd-5th) **8:00-10:00am** \$36
- _____ Boys Basketball Camp, **June 16-20**, (completed 6th – 8th) **10:00am-1:00pm** \$54
- _____ Girls Basketball Camp, **June 16-20**, (completed 1st, 2nd, or 3rd) **1:00-3:00pm** \$36
- _____ Girls Basketball Camp, **June 16-20**, (completed 4th – 8th) **3:00-6:00pm** \$54
- _____ Boys/Girls Tennis Camp, **June 23-27** (completed 4th – 8th) **5:00-8:00pm** \$54

_____ \$10 deposit for each camp enclosed **OR** _____ Full payment enclosed

*** No guarantee of T-shirt, if registration is not received by May 9, 2014.**

We, as parents or guardians, assume all risks and hazards incidental to our child's participation in the Lutheran High School Sports Camps and hereby waive and release Lutheran High School from any and all liability for any injuries and/or illnesses incurred while at camp. I have no knowledge of any physical impairment that would be affected by the above-named camper's participation in camp. I further give my consent authorizing emergency medical treatment if deemed necessary.

Parental Consent _____
(Parent or Guardian Signature) (easiest access phone #)

(Please PRINT Parent name legibly)

Alternate EMERGENCY Contact/Phone(s) _____

General Information

Lutheran High School will conduct several camps this summer. All camps are open to athletes who have completed grades four through eight, and are in good physical health, have their parent's consent and support, and are serious about wanting to improve their skills and knowledge in cross country, soccer, volleyball, and/or basketball.

When

- Boys/Girls Cross Country **June 3-5** (4:30-6:00 pm, completed 4th-8th) \$20
- Boys/Girls Soccer Camp **June 2-6** (5:00-8:00 pm, completed 4th-8th) \$54
- Boys/Girls Volleyball Camp **June 9-13** (8:00-10:00am, completed 1st-3rd) \$36
- (10:15am-12:30, completed 4th or 5th) \$40
- (1:00-4:00pm, completed 6th-8th) \$54
- Boys Basketball Camp **June 16-20** (8:00 am-10:00, completed 2nd-5th) \$36
- (10:00am-1:00pm, completed 6th-8th) \$54
- Girls Basketball Camp **June 16-20** (1:00-3:00pm, completed 1st-3rd) \$36
- (3:00-6:00pm, completed 4th-8th) \$54
- Boys/Girls Tennis Camp **June 23-27** (5:00-8:00 pm, completed 4th-8th) \$54

Where

The camps will be using the athletic facilities of Lutheran High School. The school is located at 5555 S. Arlington Avenue (between Thompson Rd and Edgewood Ave).

Instructors

The varsity coaches from each sport will conduct the respective athletic camps and will be assisted by members of the LHSI coaching staff and other experienced personnel.

Why

The Lutheran High Sports Camps are conducted to help young athletes improve their skills with strong emphasis being placed on learning fundamentals. Equal importance is placed on the values of Christian sportsmanship, self-discipline, and teamwork.